

# Rudee's

ON THE INLET®

## Gluten Free Menu

### ***Appetizers***

Broiled Scallop App.  
Chilled Shrimp App.  
Broiled Shrimp App.  
Oysters Rockefeller  
Blackened Chicken Nachos  
Blackened Tuna Nachos  
Crab Bites (Broiled)  
Crab & Spinach Dip (with corn  
tortilla chips)  
Smoked Fish Dip (with corn  
tortilla chips)

### ***Soups & Salads***

French Onion Soup (no bread)  
Hatteras Clam Chowder  
Sand Bar Salad (no fried items)  
House Salad (Lg., Sm.)  
Dressing - Oil & Vinegar, Honey  
Mustard, Bleu Cheese, Fat Free  
Italian, and White Balsamic Shallot  
Vinaigrette

### ***Burgers & Sandwiches***

Beyond Meat Burger (vegan)  
All Other Burgers (no bread)  
Blackened Tuna (no bread)  
Crabcake (no bread)  
Crab or Lobster Roll (no bread)  
Grilled Chicken (no bread)  
(Gluten Free Bun, add \$2)

### ***Seafood***

Rudee's Scallops (Broiled)  
Rudee's Shrimp (Broiled)  
Crabcake Dinner (Broiled or  
Blackened, add \$1.99)  
Crabmeat Complete  
\*Fresh Catch (Broiled or Grilled)  
(\*All Toppings)

### ***Raw Bar***

All Items

### ***Steaks***

Filet Mignon

### ***Combination Entrées & Platters***

Seafood Combo  
Broiled Platter  
Steak & Seafood w/ Broiled:  
Shrimp, Scallops **or** Crabcake  
Lobster Tails  
Crabmeat Complete  
Surf & Turf

### ***Sides***

Cole Slaw, White Rice, Vegetable  
Medley, Red Potatoes, Baked  
Potato (add \$1), Broccoli (add \$1),  
or Asparagus (add \$2)

### ***Dessert***

Ice Cream

If you have a food allergy or special dietary requirement, please inform your server before ordering. We cannot guarantee that any dish made in our facility is 100% free of gluten or allergens, but we will strive to provide you with the information necessary before placing your order. Thank you.